



# Caroline Vincent



## Time to Get Back into the Swing of Things/ Revisiting Magic Words in Mediated Agreements

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Three years ago, I started golfing with a group of women lawyers, through [WLALA](#), for business development, networking, and fun! It has been one of the best things I have done to get into the Swing of Things.

Read about my journey in [Who Me? Play Golf?](#), written after my first year of play with the WLALA Golf League. Since then, I have played on many great courses in Southern California with men and women, and enjoy the opportunity to take some time off from constantly checking and responding to emails and phone calls. Women can join the WLALA Golf League, a clinic for the beginner as well as more advanced players. Men can join the WLALA SCGA Group, where they convene monthly at mostly 18-hole courses around town.

Speaking of the Swing of Things, I would be remiss not to send my annual reminder about putting the [Magic Words into your Settlement Agreements](#), both before, during, and after mediation. Like golf, staying in shape as a mediation advocate requires practice and focus, perhaps a refresher lesson or two, and keeping that perfect club in your bag to play your best game. In mediation, that means hitting the sweetest of spots: a settlement agreement that is clearly admissible and enforceable.



*Caroline C. Vincent is an attorney mediator, neutral evaluator and arbitrator with ADR Services, Inc. in Los Angeles and Orange County, who has heard over 2000 disputes in her 25 year ADR career. She specializes in employment, complex torts, probate/elder abuse, insurance, professional liability and business and real estate disputes, including class and mass actions. Caroline is a 1978 graduate of the USC Gould School of Law where she served on Law Review, and teaches ADR Ethics. She is recognized in Super Lawyers for her expertise in ADR.*

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